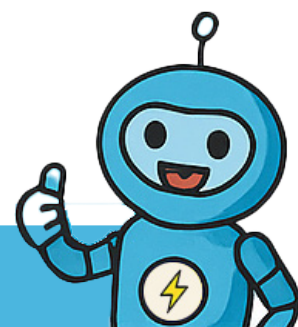


7-Day Memory Challenge



Our Family Brain-Boost Tracker

Instructions: Play one logic game each day. Color a star or check ☒ when complete!
Share your progress with #MemoryInPlay

 DAY 1	Pattern Builder		☐
 DAY 2	Sequence Challenge		☐
 DAY 3	Mini Chess Moves		☐
 DAY 4	Timer Round		☐
 DAY 5	Memory Map		☐
 DAY 6	Rule Switch		☐
 DAY 7	Teach-Back		☐

BIGGEST BRAIN MOVE OF THE WEEK:

Tips:

- 10 minutes a day is plenty, focus on fun!
- Let kids explain the rules aloud to boost memory.
- End each session with a quick high-five or “brain bump!”



FAMILY SCORE

(How many stars colored/
checkboxes checked?):
